

Transition Support Programme

Lesson Plan

Programme: Transition Support	Lesson: 1. New School New You	
Class:	Date:	Duration of Lesson: 60-minutes

Learning Outcomes



Students will explore what life at secondary school entails, identifying concerns they may have. Students will expel some of the myths surrounding these fears and leave the session with a greater understanding of secondary education and the fantastic support that is in place. The lesson is designed to improve self-confidence and to encourage students to embrace the brilliant opportunities that secondary education can bring.

Teacher Tips/Differentiation



1. During the **Time to Talk** activity, students should be encouraged to attempt the '**Challenge Questions**', focusing on providing answers that relate to any personal worries they have about starting secondary school.
2. During the **Catch Confidence game**, discussions should be kept brief and succinct after each round. This is because students will be encouraged to explore and learn about the answers during the activity that follows the game, so deeper feedback should be reserved for this point in the session.
3. During the final **Written Activity**, students should be given ample time to complete the 'New School/New You' task. If appropriate, allow students to work in pairs/small groups, giving them plenty of time to feed back to each other after the activity is complete.
4. During the **Target Setting** task, students should be encouraged to provide honest feedback about the session and set relevant targets to aid further progression.

Session Stages

Discussion



- **Intro Movie** – a short film introducing the session/programme
- **Check-in** – students are given time to reflect on how they feel.
- **Fact or False**– students will participate in a game that will expel some of the myths they may have heard about secondary school, alleviating their worries and helping them to recognise the brilliant support structures that are available within the school.
- **Time to Talk** – students will explore any personal concerns or worries that they may have in relation to starting secondary school.

Action



- **Catch Confidence Game** – students will play an **interactive game** to identify the top 6 benefits of secondary school, further encouraging excitement around the start of this new journey.
- **New School/New Me**– for this activity, students will have the opportunity to note down any questions they may have in relation to how their new school works. Students will move on to explore the importance of a fresh start, identifying the type of student they want to be and outlining all of the great things they would like to learn.

Reflection



- **Target Setting** – students will set themselves **two targets** for the week ahead. One will be a **Group Target**, which will be based around the content of this session and the other will be a **Personal Target** in which they will focus on an area of personal development that they will work on throughout the week.

Interactive Game Answers

1. A fresh start
2. Make new friends
3. New opportunities
4. Better life chances
5. Learn new things
6. After school clubs



Links to Academia

- **Written work** in books
- **Communicative skills** - verbal expression



Resources Needed

- Workbooks
- Writing equipment



A4L Strategies

Strategic Questioning - during feedback sections, students should be questioned deeper and further about their responses. If they have revealed that they worry about getting detention, perhaps ask them "**Why do you think that is?**" or even, "**What can you do in the classroom to help avoid getting detention?**"

